



NEWSLETTER OF THE LYME PUBLIC LIBRARY

April • May • June 2025



LIBRARY NEWS



Luanne Rice and Griffin Dunne
at the Lyme Library

Dominick Dunne Cinema Celebration

The Lyme Library was honored to have actor, author, film director and producer, Griffin Dunne (son of the late Dominick Dunne) speak on January 7th. Griffin was gracious enough to appear to “launch” our new annual cinema festival in honor of his father and speak about his father’s legacy and about his own *New York Times* bestseller *The Friday Afternoon Club*. During the appearance Griffin was interviewed by the local award-winning author Luanne Rice during which he was able to converse about his ideas, writing style and about their shared family legacy.

The event was very well attended. Many thanks to Lynn Ann Baldi, Luanne Rice and Janet Roach for helping to make the event such a big success and an overall enjoyable evening. Copies of both Dunne authors (Dominick and Griffin) and Ms. Rice’s books are available in the Lyme Library’s collection. Come in and check them out! You are sure to enjoy them.

Facility Improvements

Many thanks to the Town of Lyme Facilities Department (Josh Adams) and Mike Prill (Member of the Library Board) for overseeing the recent installation of handicapped access doors in the front lobby of the library. These push button doors allow much easier access to the facility for everyone—so feel free to use them on your next visit.

The updates to the HVAC system at the library are now complete. Many thanks must be given to the employees of Air Temp Mechanical who worked tirelessly during the cold winter weather to make improvements as well as tracking down space heaters so that the patrons and staff could remain warm(ish) during the installation. The Director also wishes to thank our Board member John Kiker who loaned us his standing space heaters to use as well. We look forward to experiencing reliable air-conditioning at the library during this summer thanks to everyone’s hard work on the HVAC project. Many, many thanks must be given to the Town’s Select People, (David Lahm, Kristina White and John Kiker) for expediting these much needed improvement to the facility.

See you at the library,
Melissa Fournier, *Lyme Library Director*

CHILDREN’S PROGRAMS

For more information, call 860-434-2272, or visit lymepl.org.
To register for any program, e-mail programreg@lymepl.org
and include your name, contact information and the name of the program.

Preschool Storytime, Wednesdays @10:30am

Children aged 2 to 5, along with their parents or caregivers, are invited to a story time, sing-along and craft project. Each week Ms. Natalie will be focusing on a new theme for the stories along with songs and creative activities.

Shell & Bee Studio Art Class Series-After-School Art Tuesdays, April 1, May 6 & June 3 @ 4:00-5:00pm

Join Ms. Chelbi of Shell & Bee Studio as she leads a fun and creative after-school art class for elementary school students grades 1-5.

Cool-ology Wonder Tots, Saturday, April 19 & May 17 @11:00am

For children ages 3-6, Cool-ology® Wonder Tots and S.T.E.A.M. Saturday provide hands-on, inquiry-based learning experiences aimed at getting kids really excited about science, engineering, STEAM connections, and the world around them!

Lego League, Saturday, April 19, May 17 & June 21 @10:00am

The Lyme Public Library will host a Lego building club on select 3rd Saturdays of the month. Bring your friends and make new ones as we design and build together!

Level-Up at Your Library Summer Reading Kick-Off Party, Saturday, June 14 @10:30am

Sign up for the 2025 summer reading challenge for grades Pre-K to 5 and enjoy some age-appropriate video games, crafts, activities, snacks, and more! There will be fun and games both indoors and outdoors. Check out some great books to begin your reading challenge. Let the games begin!

Lyme Library Birthday Celebration, Saturday, June 14 @1:00pm

Did you know that the beautiful building that now houses the Lyme Library is 10 years old this year? Today’s special event is just for kids where we will be having cake and ice cream (from Salem Valley Farms) donning party hats and wearing our best party outfits while playing games to celebrate the occasion. Come join the family-friendly fun!

Cool-ology: MINECRAFT S.T.E.A.M., Saturday, June 28 @10:00am

For children ages 6-11, Cool-ology® provides hands-on, inquiry-based learning experiences aimed at getting kids really excited about science, engineering, STEAM connections, and the world around them! Children will explore a captivating, hands-on, inquiry-based science or engineering topic. Join us every 3rd Saturday of the month!

*S.T.E.A.M. stands for Science, Technology, Engineering, Art, Math

ADULT PROGRAMS

To register for any program listed below, email programreg@lymepl.org or call 860-434-2272.

The Sweet Spot, Tuesday April 1, May 6 & June 3 @10:30am

Join your friends and family at the Lyme Library's café. Refreshments are provided for free (donations are always welcome). Make new friends and learn more about the library.

Lyme Library Trivia Club Night, April 3, May 1 & June 5

@7:00pm: First Thursday of the month, the Trivia Club is a terrific way to increase your knowledge of esoteric facts, and bragging rights and is an easy way to reconnect with family, old friends and have a chance to make new friends.

The Lyme Library Chess Club. April 3, May 1 & June 5 @7:00pm

First Thursday of the month (No meeting July 4th). If you want to learn how to play or if you are looking for advanced players to play chess with, the Lyme Library Chess Club welcomes all levels. Chess boards are supplied.

One-on-One Tech Support, Wednesdays April 9, May 14 & June 11 (with Emily Lewis) 4:00pm-5:00pm and Saturdays, April 5, May 3 & June 14 (with Sue Latourette) 2:00-4:00pm

Having difficulties with your technical devices? Sign-up for one of our one-on-one tech support sessions. Be sure to come with chargers, plugs and passwords so either Emily or Sue can help you get past your technological hurdle.

Racial Equity Book Club (Zoom), Tuesdays, April 8, May 13 & June 10 @5:30pm.

To investigate how race, racism and white supremacy impacts our lives and our culture, the Racial Equity Book Club meets once a month to discuss books, films, and poetry on race in America. This group's meeting offers an open door to a respectful dialogue about systemic racism and its impact on society and the future.

Lyme Library Cookbook Club, April 12, May 10 & June 14

@1:00pm: This tasty book club uses recipes based on a particular theme or cookbook to create dishes to share with the rest of the group. This tasty book club is a great way to share your skills or build your culinary expertise.

"As the Page Turns" Book Club, Fridays, April 18,

May 16 & June 20 @1:00pm: The monthly book selection can be picked up at the Lyme Library's circulation desk. Co-hosted with Lymes' Senior Center.

American Mah Jongg Club, April 22, May 27 & June 24 @6:00-

8:00pm: Last Tuesday of the month, the Lyme Library Mah Jongg club offers a chance to improve your skills. If you have your own set of tiles, please bring them along. If not... the library has two sets available for you to use.

Stitch Craft Club, Saturdays, April 26, May 24 & June 28

12:20pm-2:00pm: If you enjoy doing easily portable handcrafts, come in and practice and share your skills with other like-minded "stitchcrafters"

SPECIAL PROGRAMS FOR ADULTS

Fall Prevention and Safe Home Solutions for Seniors, Tuesday,

April 1 @6:00pm: During this presentation you will receive expert advice and learn proven strategies to reduce fall risks, identify common hazards and create practical solutions to make your home safer while "aging in place". You'll also receive a checklist to evaluate and improve safety in your living space.

Armchair Travel to Japan with Gil Asakawa (Zoom)

April 1, 2025 @6:00pm: Journalist, blogger and recipient of Order of the Rising Sun, Gold and Silver Rays Conferment of Decoration on Foreign Nationals for his contributions improving the social status of Japanese Americans in the United States and for promoting understanding of Japan, Mr. Asakawa is the perfect tour guide for a behind the scenes tour of Japan. His presentation will highlight some of the must-see places to go to, history lessons every visitor, as well as cultural etiquette awareness.

Red Sox-Yankees: The Greatest Rivalry in Sports with Martin

Gitlin, Thursday, April 3 @6:30pm: Hosted by award-winning sportswriter, baseball beat writer and book author Marty Gitlin the presentation will feature videos of the biggest moments of rivalry from well over a century, as well as trivia questions for patrons to ponder. Marty will have his *Ultimate New York Yankees Time Machine Book* and *Ultimate Boston Red Sox Time Machine Book* for sale after the event. Q&A will follow.

Yoga at the Library with Red Barn Yoga, Fridays, April 4 & 11,

May 9 & 23 and June 13 & 27 @11:15am: Joan Fidler will lead yoga and meditation classes at the library. No previous experience with yoga is necessary. If you have a yoga mat, please bring it along as the library has a limited supply. \$10 fee, paid to the instructor.

Dr. Alice Hamilton Still Saving Lives with Janet Lemond,

Saturday, April 5 @12:00pm: Have you ever wondered how our ancestors survived the harsh working conditions of the Industrial Revolution? Have you ever wondered where the organizations that assisted in the most recent COVID epidemic came from? Or did you wonder who were the pioneers who discovered lead toxicity which helped save the lives of the "mad hatters" from Danbury, CT? Much of this can be credited to a past local resident, Dr. Alice Hamilton, neighbor of William Gillette. Historian Janet Lemond will do a presentation on the pioneering life and work of Dr. Alice Hamilton, whose legacy continues to this day.

Sunday at the Movies with Janet Roach, Sunday, April 6

@1:00pm: Academy award winning screenwriter Janet Roach hosts her popular *Sundays @ The Movies* series. Refreshments will be served free of charge. Today's film is: *Tea with Mussolini* (1999, Italian) A semi-autobiographical comedy-drama war film directed by Franco Zeffirelli, scripted by John Mortimer, telling the story of a young Italian boy's upbringing by a circle of British and American women before and during the Second World War.

Therapeutic Yoga with Lisa Terenzio, Tuesday, April 8

@6:00pm: What is "Therapeutic Yoga"? I'm not all that flexible but would this be something that might work for me? These are some of the questions that Lisa Terenzio will be answering in tonight's program. This is the perfect kind of yoga for people who

are “afraid” that they simply aren’t flexible enough to do yoga since all they know about the practice is what they have seen or heard about from people who actively practice yoga. Yoga isn’t about tying yourself in knots, it is about listening to your body and actively engaging your mind and spirit to align with what your body is doing to ease stress and improve self-awareness,

The Cold War and the Collapse of the Soviet Union and Their Relevance Today with Dick Shriver, Tuesday, April 15 @6:00pm

Mr. Shriver speaks from his experience, first as an assistant secretary of Defense in the office of the Secretary of Defense at the height of the Cold War. Thereafter, he worked as a private citizen and advisor to the heads of state and other senior government officials of several republics of the Soviet Union. He will discuss the rise of Russia’s Vladimir Putin, why Putin invaded Ukraine, and why and how the Ukrainians have resisted so fiercely and well. Dick will end with an open discussion of “What next?”

Lyme Library Talent Night/Open Mike, Friday, April 25

@5:30pm: Performers welcome!! Share your poetry, music, story-telling or comedy. You get up to 15 minutes in front of a friendly audience. Cheer on friends, neighbors and new faces. The performers must be 18 years old and up. New or experienced performers are welcome to get the crowd smiling, laughing and feeling inspired. Hosted by the Rambunctious Mrs. Raines.

“I Wrote a Romance Novel...Maybe You Can Too” with Elissa Bass, Thursday, May 1 @ 6:30pm: Ever wonder what it might be like to write a romance novel and get it published? What goes into it? How do you find an agent? Should you self-publish? All these questions and more will be addressed in Elissa Bass’s presentation. Ms. Bass’ book, *The Happy Hour*, hit the market and garnered great reviews. She’ll share her story and her advice to those who have some great stories to tell but aren’t sure how to go about it. Books will be available for purchase and signing.

Downsizing and Decluttering Solutions for Seniors, Tuesday, May 6 @6:00pm: During this presentation you will receive practical tips and emotional support to help seniors streamline their belongings both to make a move more manageable or to simplify your existing living conditions to create a better living environment for the present with an eye on the future.

The Tooth Bible: A Parent’s Guide to Their Child’s Smile with Dr. Robert Geiman, Saturday, May 10 @1:00pm: Dr. Robert Geiman, DDS will be hosting a special program for parents and caregivers about pediatric dental health. Learn what to do to ensure that your child grows up smiling and how their dental health impacts their future and physical wellbeing. Copies of his book *The Tooth Bible* will be available for purchase and signing.

Moving Forward: Moving Tips for Seniors, Tuesday, May 16 @6:00pm: This presentation will provide practical tips for simplifying your move. Beginning with tips and tricks for starting early and planning, to practical tips on how to deal with the emotional considerations. All attendees will receive a “Senior Moving Checklist” with tips on planning and organizing for your next big move in life.

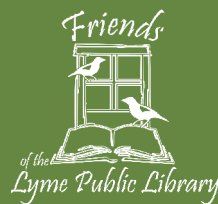
Artist Reception/Thank You Party (A 10th Birthday/Coming of Age Celebration at the Lyme Library) Monday, May 12 @4:00pm: An event to thank the artists who have made the library what it is today. Special guests will include artists who recently donated their works to be added to the library’s stunning collection and those who have exhibited their work at the library as well as writers who have donated their time to speak. Come join the party where we will be serving beverages and appetizers and getting a tour of the artworks currently on display within the collection.

Best Hikes in Connecticut and Rhode Island with Steve Fagin, Thursday, June 5 @6:00pm: The author of *Treasures of Southeastern Connecticut* and the *AMC’s Best Day Hikes in Connecticut & Rhode Island* will be doing a presentation on the best places to get outdoors in Connecticut. Filled with information on hikes of various levels from easy family-fun ones to hikes that are more challenging, and what to bring and what to look for if you are hiking in Connecticut and in other states of New England.

Having the Talk: Practical tips on how to talk to your aging loved ones about making changes in their living conditions, Saturday, June 7 @2:00pm: Listen to expert advice on how to engage in difficult conversation with your aging parents or other loved ones about downsizing and moving. Learn from studies by professional social workers on what most seniors think about moving, including handouts explaining the 5 important things to help you facilitate the discussion in a healthy and helpful way.

“Moving Forward” From Transition to Transformation for Seniors, Tuesday, June 10 @ 6:00pm: Focusing on the positive aspects of relocation, the discussion focuses on the personal growth and enhanced quality of life that living in a new environment provides to seniors as well as providing resources to help mitigate “Relocation Stress Syndrome” (RSS).

Navigating the Decision to Move to a Senior Living Community, Saturday, June 21 @2:00pm: A presentation on moving to a Senior Living Community, including explaining the benefits of making the move. Learn how to make an informed decision that meets the needs of your current stage of life.



Thank you to all our Friends’ members who now exceed 130 and for the welcomed support of our donors. I am happy to report that Sweet Spot will continue all year long and is busier than ever with new and returning guests (First Tues. each month at 10:30). Our

used book donations are robust; please keep them coming for our annual Book Sale in September! Save the date of May 18 for Lyme Public Library’s ‘Coming of Age’ birthday party for an Art and Artists’ Reception. As always, thank you for your support.

Jeanne Rutigliano, *President*

LYME PUBLIC LIBRARY

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website: lymepl.org

LIBRARY HOURS

Sunday & Monday: Closed

Tuesday: 10am to 8pm

Wednesday: 10am to 5pm

Thursday: 10am to 8pm

Friday: 10am to 5pm

Saturday: 10am to 4pm

KEEP UP WITH LIBRARY EVENTS: lymepl.org

Follow Lyme Public Library:



..... SAVE THE DATE!

On Thursday, August 28, *My Fair Lady* will be the show offered at the Ivoryton Playhouse when we hold our annual fund-raising event there. More information will be available on the library website this summer. We'll be sending out ticket information by email, so make sure the library has your email address.

DATES TO REMEMBER (SEE INSIDE FOR MORE PROGRAMS.)

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Fall Prevention and Safe Home Solutions for Seniors: Tuesday, April 1 @6:00pm

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The Lyme Public Library Foundation (LPLF) is grateful to everyone who donated in response to our annual appeal, mailed in November. Every contribution helps continue to build the endowment, managed by the Foundation on behalf of the library. The Foundation was also recently honored to receive a generous donation from the estate of Leon Czikowsky, a former President of the Foundation.

