



# NEWSLETTER OF THE LYME PUBLIC LIBRARY

October • November • December 2020



## LIBRARY NEWS

### **Library Adds Thursday Evening Hours—All Other COVID-19 Restrictions Remain in Place at Least through the End of 2020**

The Library has added Thursday evening hours to the schedule and is now open until 8pm. The Library remains open to the public on Tuesdays, 10-5, Thursdays, 10-8 and Saturdays, 10-4. On Wednesdays and Fridays, curbside service is available. Due to the continuing COVID-19 pandemic, masks and gloves must be worn in the library, all meeting rooms and seating areas are off limits, computer use is by appointment, and all library programs must be virtual. The complete list of regulations is on the library web site at <http://lymepl.org/latenews.htm>. We appreciate your cooperation as we try to keep everyone healthy and safe.

**NOTE:** We request that all items be returned to the book drop by the front entrance as all items must be quarantined for a period of time before being returned to circulation.

## THE BOOK NOOK IS OPEN!

Please stop by and look at the new items we have on display, as the collection is updated weekly. You will find a nice variety of materials including monthly featured “special collections,” DVDs for adults and children, as well as both fiction and non-fiction books. We sincerely appreciate all of the donations that make the Book Nook an appealing book shop within our library!

## UPCOMING PROGRAMS

### **PRESCHOOL STORY HOUR for Children Age 2-5 via Zoom:**

**Wednesdays at 11:00am Beginning October 14 through December 16.**

Children’s Librarian Barbara Carlson (and occasional guest readers) will present a virtual story hour for children age 2-5. Each session will feature stories on a particular theme, and the books related to the theme will be available at the library for children to check out after each story hour.

**To receive a Zoom link, Participants must register for each session separately via email at [programreg@lymepl.org](mailto:programreg@lymepl.org).**

### **OPEN STUDIO: Still Life with Kristen Thornton for students in grades 6-12 via Zoom, Tuesdays from 5:30-6:30pm, October 13–December 22**

Students will recreate Still Life exhibits from their choice of media and materials, i.e. painting (watercolors/oils) or drawing (charcoals/pastels.) Kristen Thornton will guide them through their projects as they work at their individual paces. **Limited to 10 participants. To receive a Zoom link, Students must register for each session via email at [programreg@lymepl.org](mailto:programreg@lymepl.org) by the Wednesday prior to each program. Supplies for each program will be available to pick up at the library on the previous Saturday before each session.**

### **PICK-UP & GO PROJECTS: Art (Grades K-5) and Science (Grades 3-5)**

Kristen Thornton will prepare monthly art and science project kits for children to pick up at the library and complete at home on their own schedules. The kits will include step-by-step instructions and materials. The specific project details will be announced on our web site and social media platforms. **Limited to 12 children. Please call to register or email [programreg@lymepl.org](mailto:programreg@lymepl.org) by the dates listed below and specify art, science, or both.**

**October:** Register by Oct. 7. Pick up materials between Oct. 10-17.

**November:** Register by Nov. 12. Pick up materials between Nov. 14-21.

**December:** Register by Dec. 9. Pick up materials between Dec. 12-19.

## *President’s Message from the Friends of the Lyme Public Library*

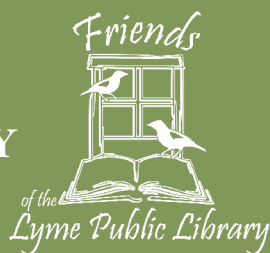
**“Life starts all over again when it gets crisp in the fall.”**

— F. SCOTT FITZGERALD, *THE GREAT GATSBY*

We may all need to start over this fall as we gradually return to our normal way of life. However, there is nothing normal about our upcoming program lineup as we delve into topics such as Election 2020, witches of New England and more. If you need information or assistance to register and join a Zoom event, please contact the library staff and learn how easy it is to access and enjoy online programming. We look forward to seeing you online!

Deborah Giaconia, *President* Jo-Ann Shettles, *Vice-President*

## PROGRAMS SPONSORED BY



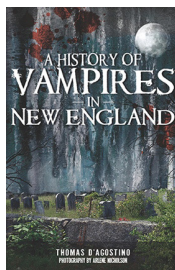
### ***Election 2020: The State and Fate of American Constitutional Democracy*** **presented by Dr. John Finn** **Saturday, October 3, 2pm**

Every election matters, but the 2020 election is especially important. John E. Finn, Professor of Government Emeritus at Wesleyan University, will discuss why and how the health and well-being of the American constitutional state hinge on the upcoming election.



### ***New England Vampires and Witches*** **presented by Tom D'Agostino** **Saturday, October 10, 2pm**

There was a time in New England when witches and vampires roamed the region. Meet some of these vampires and witches from New England's past and see why we are the vampire and witch capital of the world. Tom D'Agostino has been extensively studying and investigating paranormal accounts for over thirty-eight years.



### ***The Do's and Don'ts of Recycling*** **presented by Sherill Baldwin** **Wednesday, October 14, 6pm**

This tutorial on what and how to recycle waste products is sponsored by St. Ann's Episcopal Church, The Lyme Public Library and the Phoebe Griffin Noyes Library, Old Lyme. Sherill Baldwin is an environmental analyst at Connecticut Department of Energy and Environmental Protection's Recycle CT.



### ***Whimsical Decoupage Coasters Workshop*** **presented by Lori Neumann** **Saturday, October 17, 2pm**

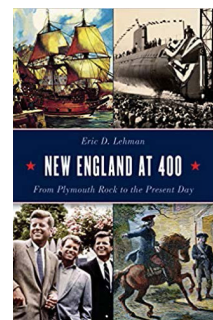
Create your own set of four wood coasters using decoupage techniques and fun paper animal/bird images to keep or give as a gift. Collect your workshop materials at the Library a day or two ahead to make the project along with Lori on Zoom. The program is limited to 15 participants. There will be a \$10 fee for the materials due when you pick up and confirm your registration.



Please email [programreg@lymepl.org](mailto:programreg@lymepl.org) to receive the Zoom link for these events.

### ***New England at 400: From Plymouth Rock to the Present Day*** **presented by Dr. Eric Lehman** **Saturday, November 7, 2pm**

Professor Eric D. Lehman will give a fascinating presentation about how he packed four centuries of local history into his newest book, *New England at 400*. From John Winthrop to John F. Kennedy, the Revolutionary War to the War on Terror, he explores how each generation of immigrants and natives, abolitionists and suffragists, puritans and patriots, has defined this land anew.



### ***Adorable Felted Sheep Workshop*** **presented by Lori Neumann** **November 21, 2pm**

Learn to needle felt this beginner-friendly cute little sheep using wool fiber and a wool ball for the body. Collect your workshop materials at the Library a day or two ahead to make the project along with Lori on Zoom. The program is limited to 15 participants. There will be a \$10 fee for the materials due when you pick up and confirm your registration.



### ***The Fisher in Connecticut*** **presented by Paul Colburn** **Thursday, December 3, 7pm**

The fisher is a rewarding sight to the wildlife observer. Wildlife conservationist Paul Colburn will present an overview of the fisher's habitat, diet, behavior, reproduction, as well as current research efforts to learn more about this elusive animal.



### ***Holiday Kissing Ball Workshop*** **presented by Nancy Ballek** **Thursday, December 10, 7pm**

Learn how to make an eight-inch boxwood kissing ball for the holidays. Collect your workshop materials at the Library a day or two ahead to make the project along with Nancy on Zoom. The program is limited to 20 participants. There will be a \$15 fee for the materials due when you pick up and confirm your registration.



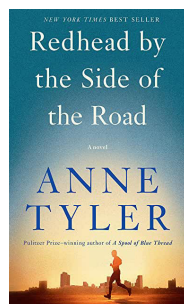
## PATRONS' CHOICE

Patrons have recommended these titles from the Lyme Public Library Collection

### *Redhead by the Side of the Road*

by Anne Tyler

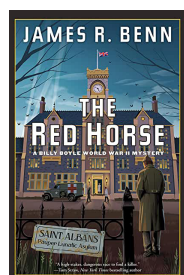
Micah Mortimer is a creature of habit and his predictable life is thrown off kilter by two surprising life events. NPR says, "Tyler's novels are always worth scooping up—but especially this gently amusing soother, right now, when all of our cherished routines have been disrupted."



### *The Red Horse*

by James R. Benn

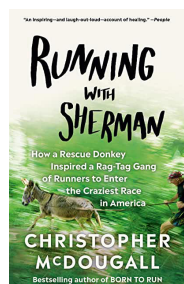
Benn's fifteenth novel in the Billy Boyle WWII mystery series deals with the psychological and physical costs of war as Billy finds himself in a hospital convalescing from emotional exhaustion and methamphetamine abuse. While he recovers, he is forced to investigate several murders within the hospital.



### *Running with Sherman: the Donkey with the Heart of a Hero*

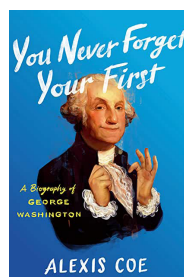
by Christopher McDougall

McDougall, the author of *Born to Run*, tells the story of how he came to adopt a neglected and sick donkey and train him for burro racing. You don't need to be a runner or athlete to enjoy this funny, inspirational and heartwarming story.



### *You Never Forget Your First: a Biography of George Washington*

The *Boston Globe* says, "In her form-shattering and myth-crushing book... Coe examines myths with mirth, and writes history with humor... [You Never Forget Your First] is an accessible look at a president who always finishes in the first ranks of our leaders."



## Top Ten Titles in the Lyme Public Library Collection to Help You Cope with the COVID-19 Quarantine

*Good Night: the Sleep Doctor's 4-Week Program to Better Sleep and Better Health* by Michael Breus, PhD

*The Healing Power of Meditation: Leading Experts on Buddhism, Psychology, and Medicine Explore the Health Benefits of Contemplative Practice*, edited by Andy Fraser

*How to Meditate: A Practical Guide to Making Friends with Your Mind* by Pema Chödrön

*Learn to Relax: A Practical Guide to Easing Tension & Conquering Stress* by Mike George

*The Mayo Clinic Guide to Stress-Free Living* by Amit Sood, M.D., M.Sc.

*Meditation for Fidgety Skeptics: A 10% Happier How-To Book* by Dan Harris and Jeff Warren, with Carlye Adler (Print and Audio CD)

*Music Meditation: Unwind* by Silvia Nakkach (Music CD)

*Sink into Sleep: A Step-by-Step Workbook for Reversing Insomnia* by Judith R. Davidson, PhD

*Strength in Stillness: The Power of Transcendental Meditation* by Bob Roth; with Kevin Carr O'Leary

*10% Happier: How I Tamed the Voice in My Head, Reduced Stress without Losing My Edge, and Found Self-Help that Actually Works* by Dan Harris (Print and Audio CD)



## LYME PUBLIC LIBRARY

482 Hamburg Road

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860-434-2272

**e-mail:** [staff@lymepl.org](mailto:staff@lymepl.org)

**website:** [lymepl.org](http://lymepl.org)

## TEMPORARY LIBRARY HOURS

### DUE TO COVID-19

**Sunday & Monday:** Closed

**Tuesday:** 10am to 5pm

**Wednesday:** 10am to 5pm (*Curbside Service Only*)

**Thursday:** 10am to 8pm

**Friday:** 10am to 5pm (*Curbside Service Only*)

**Saturday:** 10am to 4pm

## NEWSLETTER

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## FOLLOW LYME PUBLIC LIBRARY



## DATES TO REMEMBER

**Election 2020:** Oct. 3 at 2pm

**New England Vampires & Witches:** Oct. 10 at 2pm

**Open Studio** (Grades 6-12): Oct. 13–Dec. 22 at 5:30pm

**The Do's and Don'ts of Recycling:** Oct. 14 at 6pm

**Preschool Story Hour:** Oct. 14–Dec. 16 at 11am

**Whimsical Decoupage Coasters Workshop:** Oct. 17 at 2pm

**New England at 400:** Nov. 7 at 2pm

**Adorable Felted Sheep Workshop:** Nov. 21 at 2pm

**The Fisher in Connecticut:** Dec. 3 at 7pm

**Holiday Kissing Ball Workshop:** Dec. 10 at 7pm

## LIBRARY CLOSED

**Veterans Day:** November 11

**Thanksgiving:** November 26

**Christmas:** December 24 & 25

**New Year's Eve & Day:**  
December 31 and January 1

